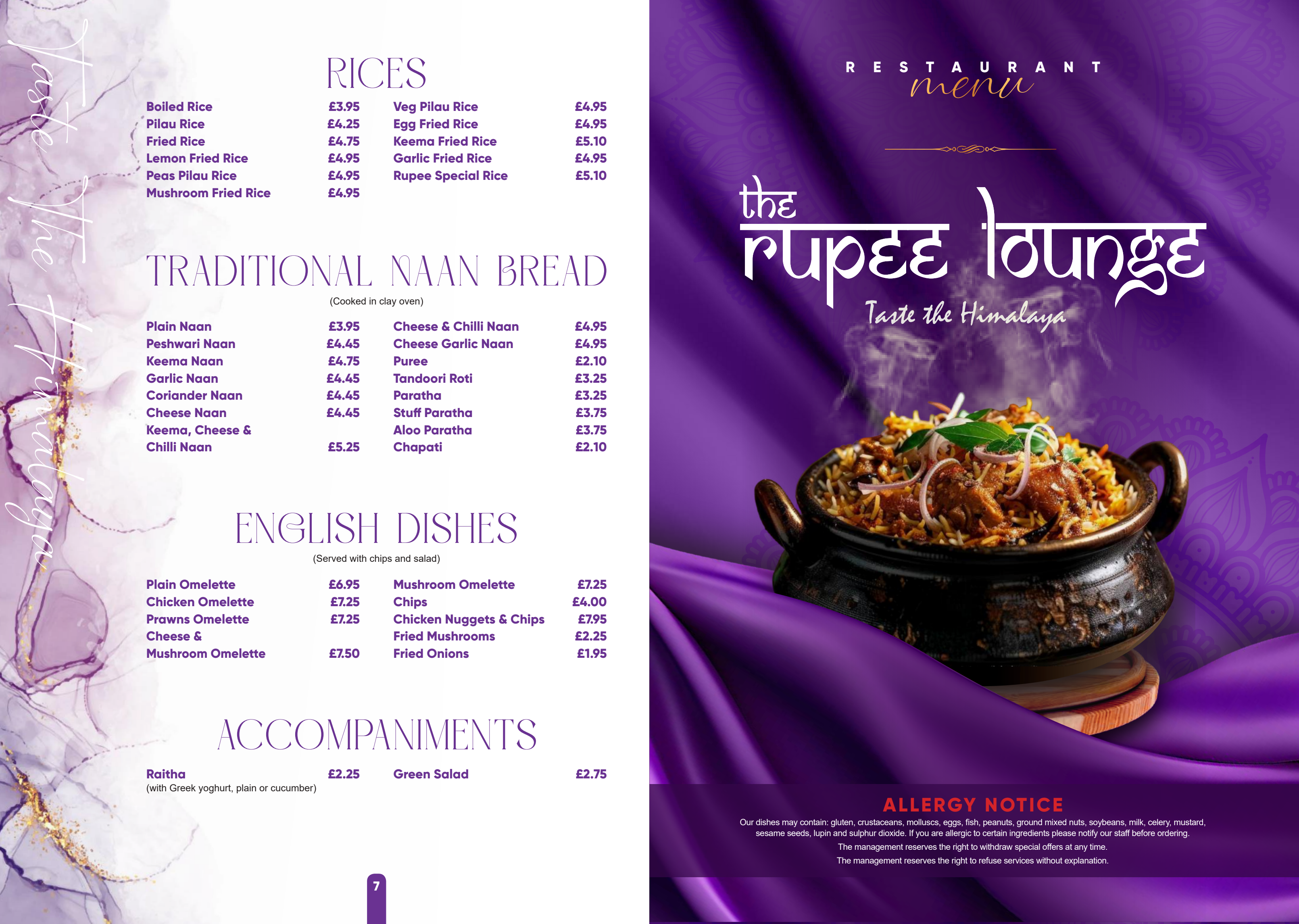




Taste The Himalaya

RICES

Boiled Rice	£3.95	Veg Pilau Rice	£4.95
Pilau Rice	£4.25	Egg Fried Rice	£4.95
Fried Rice	£4.75	Keema Fried Rice	£5.10
Lemon Fried Rice	£4.95	Garlic Fried Rice	£4.95
Peas Pilau Rice	£4.95	Rupee Special Rice	£5.10
Mushroom Fried Rice	£4.95		

TRADITIONAL NAAN BREAD

(Cooked in clay oven)

Plain Naan	£3.95	Cheese & Chilli Naan	£4.95
Peshwari Naan	£4.45	Cheese Garlic Naan	£4.95
Keema Naan	£4.75	Puree	£2.10
Garlic Naan	£4.45	Tandoori Roti	£3.25
Coriander Naan	£4.45	Paratha	£3.25
Cheese Naan	£4.45	Stuff Paratha	£3.75
Keema, Cheese & Chilli Naan	£5.25	Aloo Paratha	£3.75
		Chapati	£2.10

ENGLISH DISHES

(Served with chips and salad)

Plain Omelette	£6.95	Mushroom Omelette	£7.25
Chicken Omelette	£7.25	Chips	£4.00
Prawns Omelette	£7.25	Chicken Nuggets & Chips	£7.95
Cheese & Mushroom Omelette	£7.50	Fried Mushrooms	£2.25
		Fried Onions	£1.95

ACCOMPANIMENTS

Raitha	£2.25	Green Salad	£2.75
(with Greek yoghurt, plain or cucumber)			

R E S T A U R A N T
menu

the rupee lounge

Taste the Himalaya



ALLERGY NOTICE

Our dishes may contain: gluten, crustaceans, molluscs, eggs, fish, peanuts, ground mixed nuts, soybeans, milk, celery, mustard, sesame seeds, lupin and sulphur dioxide. If you are allergic to certain ingredients please notify our staff before ordering.
The management reserves the right to withdraw special offers at any time.
The management reserves the right to refuse services without explanation.



APPETISERS

Popadom Plain	£1.00
Popadom Spiced	£1.00
Chutney Tray (per person)	£1.00
Mango chutney, onion chutney, mint sauce, sweet & red sauce	
Onion Bhaji	£5.25
Garlic Mushrooms	£4.95

STARTERS

(Served with salad)

Mix Platter	£14.95
(An assortment of tandoori chicken, lamb tikka, chicken tikka & sheekh kebab)	
Chicken Tikka	£6.45
Tandoori Chicken	£6.45
Shashlick	£6.95
(Chicken or fish marinated, cooked in tandoor with fresh peppers, onions & tomatoes. Served with a hint of lemon)	
Murgh Paneer	£7.45
(Lightly spiced chicken barbequed in clay oven dressed with cheese)	
Lamb Chops (Grilled in clay oven)	£7.95
Shami Kebab	£6.45
Sheekh Kebab (Marinated mince lamb skewered & grilled in clay oven)	£6.45
Samosa (Minced lamb or vegetables with spices in pastry)	£5.25
Chicken Pakora	£5.25
Pepper Grill	£6.45
(Peppers cooked in tandoor with choice of minced chicken lamb or vegetable fillings)	
Fish Tikka	£6.95
Bhaja Fish (Roasted fish with sauted onions & peppers in South Indian style)	£7.45
Salmon Tikka	£7.45
Prawn Cocktail	£6.95
King Prawn Butterfly (Deep Fried Tiger Prawns in spiced bread crumbs)	£7.95
King Prawn Puri (Spicy tiger prawn wrapped in puri bread)	£8.95
Spicy Prawn Puri (Spicy shirmp wrapped in Puri bread)	£6.95
Vegetable Pakora	£5.25
Paneer Shaslick (Indian Cheese cooked in tandoori sauce)	£7.25
Aloo Chatt (Potatoes flowered with onions, tomatoes & spices)	£4.95

BIRYANIS

(Biryani is a special preparation of pilau rice with, salad & tomato served with vegetable curry)

Vegetable	£9.45
Chicken Biryani	£10.95
Meat Biryani	£11.95
Prawn Biryani	£10.95
Tandoori Chicken Biryani (off the bone)	£11.45
Chicken Tikka Biryani	£11.45
King Prawn Biryani	£19.95
Special Mix Biryani (Lamb/Chicken tikka with Prawns, topped with a Fried Egg)	£16.95

VEGETARIAN DISHES

	SIDE	MAIN
Aloo Gobi (Potatoes and Cauliflower)	£7.25	£9.25
Saag Aloo (Spinach and Potatoes)	£7.25	£9.25
Bombay Aloo (Spiced Potatoes)	£7.25	£9.25
Bhindi Bhaji (Okra)	£7.25	£9.25
Brinjal Bhaji (Aubergine)	£7.25	£9.25
Cauliflower Bhaji	£7.25	£9.25
Chana Masala (Spiced Chickpeas)	£7.25	£9.25
Vegetable Curry	£7.25	£9.25
Mutter Paneer (Peas and Indian Cheese)	£7.95	£9.95
Mushroom Bhaji	£7.25	£9.25
Vegetable Sambar (Lentils)	£7.25	£9.25
Saag Bhaji (Spinach)	£7.25	£9.25
Shahi Paneer (Indian Cheese)	£7.95	£9.95
Tarka Dal (Lentils)	£7.25	£9.25
Vegetable Bhaji	£7.25	£9.25
Saag Paneer (Spinach & Indian Cheese)	£7.95	£9.95



BALTI DISHES

A Pakistani dish, medium heat with a thick sauce, cooked to perfection in a balti (wok)

Chicken	£10.45
Lamb	£11.95
Chicken Tikka	£11.45
Prawn	£10.45
King Prawn	£19.95
King Prawn, Chicken & Mushroom	£19.95
Vegetable / Mushroom	£9.95

TRADITIONAL INDIAN CURRIES

	Veg	Chicken	Meat	Prawns	Chicken Tikka	King Prawns
Bhuna <i>Well spiced in thick sauce</i>	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95
Dupiaza <i>Medium spiced dish with fried onions & peppers</i>	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95
Rogan <i>Cooked with garlic & herbs in rich tomato sauce</i>	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95
Pathia (Hot) <i>A fresh spicy dish cooked to a sweet & sour taste</i>	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95
Dansak (Hot) <i>Pan cooked in spicy sweet & sour sauce with lentils</i>	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95
Saagwala <i>Authentic dish cooked with spinach</i>	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95
Korma (Nuts) <i>Rich, very mild in creamy coconut sauce</i>	£10.95	£11.95	£12.45	£10.95	£12.45	£20.45
Malayan (Nuts) <i>Cooked with pineapple</i>	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95
Madras (Hot)	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95
Vindaloo (Very Hot)	£9.95	£10.45	£11.95	£10.45	£11.95	£19.95

CLAY OVEN SPECIALTIES

Tikka (Chicken) (Tender pieces of Chicken marinated with yogurt & light spices)	£10.45
Tandoori Mix Grill (Combination of meat & chicken full of flavour all sizzling from the clay oven)	£13.95
Tandoori Chicken	£10.45
Shashilick (Chicken) (Succulent pieces cooked with sweet peppers, onions, tomatoes & special tikka spices)	£10.95
Sheekh Kebab (Skewered luscious spicy minced lamb grilled in clay oven)	£10.45
Tandoori Golda Chingri (Marinated tiger prawns cooked to perfection in clay oven)	£21.95
Tandoor Lamb Chops	£14.95
Salmon Tikka (Salmon fillet) (Lightly spiced salmon fillet cooked in tandoori oven)	£14.95
King Prawn Shashlick (Large tiger prawns grilled with onion, peppers & spices)	£20.95
Fish Shashlick (Tender pieces of fish marinated with gentle spices & cooked in clay oven with sweet peppers & onions)	£12.95

FISH SPECIALS

King Prawn Masala (Nuts) (Giant tiger prawns cooked with coconut, almonds in creamy sauce)	£21.95
King Prawn Special (A Goan dish with spicy tangy taste, cooked with fresh garlic & coriander)	£21.95
Bhaja Fish Sizzler (Bengali fish fried in olive oil & cooked in aromatic spices)	£16.50
Tandoori King Prawn Jalfrezi (Tiger prawns prepared in clay oven & cooked with onions & peppers)	£21.95
Bengali Fish Curry (Marinated Coley fish cooked in medium sauce)	£14.95



CHEF’S SPECIALTIES

Achari (Chicken or Lamb) (Cooked in rich tangy spicy sauce with mixed pickle)	£13.45
Desi Karahi (Chicken or Lamb) (A very popular dish from the Punjab, succulent pieces of breast chicken or tender lamb cooked in fresh herbs, spices and frsh hot green chillies. To awake your taste buds)	£13.45
Stir Fried Tikka (Chicken or Lamb) (Stir fried peppers, onions, coriander & tomatoes in soya sauce)	£13.45
Chasney (Strips of marinated chicken or lamb, stirred in sweet peppers & onions all in a tangy spicy sauce)	£13.45
Akbari (Marinated chicken breast grilled to perfection in a clay oven & stuffed with minced lamb)	£13.45
Lamb Kofta (Minced lamb meat balls cooked in a thick spicy sauce)	£13.45
Nagha (Chicken or Lamb) (Cooked off the bone in hot spicy sauce)	£13.45
Ghost Kata Masala (Fairly hot & sour dish)	£13.95
Rupree Special (A fusion of chicken off the bone, lamb mince & king prawns cooked in aromatic spices)	£16.95
Rupree Fish Hara Masala (Masala fish cooked with mustard seeds, herbs and spices & Achari Sauce)	£16.95
King Prawns Nawabi Pasanda (Nuts) (King prawn cooked with almonds & cream)	£20.95
Himalayan Special Lamb (Lamb chops marinated in spicy sauce cooked with thick onions & tomato sauce)	£17.95
Vegetarian Thali (Selection of samosa, onion bhaji, saag paneer, vegetable bhaji & chana masala with boiled rice and naan)	£20.45
Meat Thali (Nuts) (Selection of lamb achari, chicken dakeshwari, chicken tikka & sheekh kebab with boiled rice and naan)	£22.95
Garlic Chilli Chicken Tikka Tawa (A combination of garlic chilli and tawa. Spicy & hot cooked with garlic pickle & chillies cooked in a wok with ginger, onions, peppers & tomatoes)	£14.95
Indian Butter Chicken (Delicate Indian butter flavours cooked in creamy sauce with fresh chicken)	£14.95

If there is any dish that is not in the menu, please ask our staff and we are certain our chef will do his best not to disappointed you.

CLASSICAL INDIAN DISHES

Tikka Masala (Chicken) (Nuts) (Cooked with almonds, coconut & cream)	£12.45
Bengali (Chicken) (Cooked with aubergine, bindi & boiled egg)	£11.95
Korahi (Chicken or lamb in seasoned herbs, add roasted jeera onions, peppers, tomatoes & spices all fused in “korahi”(wok) to bring out aromatic flavors)	£11.95
Handi (Chicken or Lamb) (Cooked with aromatic spices tomato, garlic & chopped onion)	£11.95
Butter Murgh (Nuts) (Spiced chicken cooked to perfection in delicious creamy coconut & butter sauce)	£12.45
Nawabi Pasanda (Nuts) (A dish found in the Himalayan region using chicken tikka or spiced lamb pieces marinated in aromatic spices cooked in cashew & almond sauce)	£12.45
Dakeshwari (Nuts) (Marinated chicken tikka cooked with almonds coconut & fenugreek leaves to give unique taste of rich cream & herbs)	£12.45
Rezzela (Chicken) (Smoked onions with coriander, lemon, chillies, hot spicy sauce)	£11.95
Tawa (Chicken) Well cooked in a wok with ginger, onions, peppers & tomatoes	£11.95
Makhani (Nuts) (Milk & creamy dish cooked with mangoes, grounded coconut & marinated chicken strips)	£12.45
Jalfrezi (Chicken or Lamb) (Spicy mix of peppers & onions with green chillies)	£12.45
Murgh -e- Masala (Most renowned masala dish containing minced lamb, chicken & boiled eggs cooked in savory sauce)	£12.45
Garlic Chilli (Chicken or Lamb) (Spicy & hot cooked with garlic pickle & chillies)	£11.95